

1ST SUNDAY AFTER TRINITY – Holy Communion

COLLECT

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Genesis 18:1-15

The LORD appeared to Abraham* by the oaks* of Mamre, as he sat at the entrance of his tent in the heat of the day. ²He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. ³He said, 'My lord, if I find favour with you, do not pass by your servant. ⁴Let a little water be brought, and wash your feet, and rest yourselves under the tree. ⁵Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' ⁶And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures* of choice flour, knead it, and make cakes.' ⁷Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. ⁸Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. ⁹They said to him, 'Where is your wife Sarah?' And he said, 'There, in the tent.' ¹⁰Then one said,

'I will surely return to you in due season, and your wife Sarah shall have a son.' And Sarah was listening at the tent entrance behind him. ¹¹Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. ¹²So Sarah laughed to herself, saying, 'After I have grown old, and my husband is old, shall I have pleasure?' ¹³The LORD said to Abraham, 'Why did Sarah laugh, and say, "Shall I indeed bear a child, now that I am old?" ¹⁴Is anything too wonderful for the LORD? At the set time I will return to you, in due season, and Sarah shall have a son.' ¹⁵But Sarah denied, saying, 'I did not laugh'; for she was afraid. He said, 'Oh yes, you did laugh.' ²¹The LORD dealt with Sarah as he had said, and the LORD did for Sarah as he had promised. ²Sarah conceived and bore Abraham a son in his old age, at the time of which God had spoken to him. ³Abraham gave the name Isaac to his son whom Sarah bore him. ⁴And Abraham circumcised his son Isaac when he was eight days old, as God had commanded him. ⁵Abraham was a hundred years old when his son Isaac was born to him. ⁶Now Sarah said, 'God has brought laughter for me; everyone who hears will laugh with me.' ⁷And she said, 'Who would ever have said to Abraham that Sarah would nurse children? Yet I have borne him a son in his old age.'

This is the Word of the Lord

Thanks be to God

GOSPEL Matthew 9:35-10:8

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing

every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: 'Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. <<

This is the Gospel of the Lord
Praise to you, O Christ

POST COMMUNION

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord.